**ISSUE NO. 9 SPRING 2024** 









**p5** Wellness focus across our homes

### Letter from the **Editor's Desk**

Dear Residents, Families, and Friends,

As we reflect on the past few months, it's with immense joy that we share the heartwarming moments and milestones that have filled our homes with love, laughter, and connection. We're thrilled to introduce the newest addition to our family, Andrew Cohen House. Located in Birmingham and dedicated to providing exceptional care, Andrew Cohen House provides a compassionate and welcoming environment and is a wonderful addition to the Group.

In this edition, love was in the air as our residents celebrated Valentine's Day in style. From art sessions to heartfelt cards and milestone anniversaries, February was filled with beautiful moments of love and companionship. Lantern making, dragon painting, and delicious meals also brought the spirit of the Chinese New Year to our homes as well as Mother's Day, which

was a special occasion, marked by afternoon tea, melodies and handmade tokens of appreciation.

At Amicura, the well-being of our residents is our utmost priority, and we love to emphasise wellness activities and experiences. From exercise classes to pampering sessions, we're dedicated to enhancing daily experiences and assisting residents live fulfilled lives.

As we look ahead to continue to cherish these moments of connection.

With Warm Regards,



Rahi Foshi **Marketing Associate** 

### Introducing **Andrew Cohen House**

We are delighted to introduce you to Andrew Cohen House - the newest addition to the Amicura family.

Andrew Cohen House, is a purpose-built home comprising 51 rooms with en-suite facilities across two floors, including an 8-bed household catering to those requiring the highest level of care. The home offers residential, dementia, nursing, palliative and respite care. It also features premium amenities including landscaped gardens, a relaxation and activities room, a therapy salon, lounges and sensory room.

Fun Fact: The home was inaugurated by HRH Princess Diana in 1993.

### Liberton Brae Featured in **Luxury Care Home Guide 2024**

Amicura Care Group

We are thrilled to share that Liberton Brae Care Home located in Edinburgh has been featured in the prestigious Luxury Care Home Guide 2024 by Knight Frank. This guide showcases the Top 100 Care Homes in the UK, highlighting those offering the highest quality in luxury settings, hospitality and design. It is an honour to be recognised in this esteemed guide.

Liberton Brae is a purpose-built home with high-end accommodation, luxurious amenities, and tailored care to support our residents with a comfortable and relaxed environment.















# A Journey Through Festivities at Amicura Homes

#### **CANVAS OF LOVE AT KINGFISHER**

Residents at Kingfisher indulged their creative spirits in a Valentine's art session









**HEART OF GOLD** 

This heart frame holds all the answers from the residents

answers were received. Valentine's Day – some hilarious

of Kingsley – presenting what they would like this Valentine's Day – some hilarious and heartwarming

and heartwarming answers were received.







At Kingsley and Liberton Brae, special cards filled with love were crafted by the residents to convey heartfelt messages and warm wishes for their loved ones.











#### **CELEBRATING LOVE AND MILESTONES AT THE GLEN**

February was the month of love at The Glen as Carol and Bill marked an incredible milestone; their 60th Wedding Anniversary. Surrounded by loved ones in the garden lounge, they shared laughter, stories, and love that has stood the test of time. They also received a very special card from His Majesty the King, adding a touch of royalty to their unforgettable day.

To double the celebration - Paul and Denise celebrated 54 years since they first met.

Both couples are so inspiring, and we wish you all many more happy years together!

In addition to these beautiful love stories, we also celebrated a significant milestone of our own: The Glen's 5th Anniversary since opening our doors.









#### KINGSLEY'S VALENTINE SETUP FOR THE COUPLES

Couples at Kingsley were treated to a specially curated Valentine's set-up, providing a romantic ambience to cherish moments of togetherness.





#### A MEAL FILLED WITH LOVE AT **KINGFISHER**

This heart frame holds all the answers from the residents of Kingsley – presenting what they would like this Valentine's Day – some hilarious and heartwarming answers were received.



#### **ROSEWAY HOUSE CELEBRATING THE MONTH OF LOVE**

Roseway House embraced the spirit of love throughout the month, fostering an atmosphere of warmth and affection among residents and staff.









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## Chinese New Year: Year Of The Dragon

#### **LANTERN MAKING**

At Kingfisher, residents immersed themselves in the ancient art of lantern-making.



**TASTE OF CHINA** To celebrate the occasion and the Chinese culture, the residents of Liberton Brae enjoyed a delicious meal at a local Chinese restaurant.



#### **PAINTING DRAGONS**

The residents got in the creative spirit and painted dragons, symbolising power, strength, and good fortune for the year ahead.







## **Mother's Day**

#### **AFTERNOON TEA AND MELODIES**











#### **CREATIVE TRIBUTE**











## Cheers to St. Patrick's Day

Andrew Cohen House and Haslingden Hall were transformed into a hub of Irish merriment as residents gathered to celebrate St. Patrick's Day with enthusiasm and joy.













### **A Toast to Robert Burns**

Kingfisher and Kingsley celebrated the iconic Scottish Poet, Robert Burns, with a night filled with music by a Scottish folk band and enjoyed a traditional haggis platter for everyone to enjoy.













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# **Happy Easter:** Beautiful Memories Welcoming Spring

This Easter, our care homes have been bustling with joyous celebrations, bringing together residents and staff to create beautiful memories and spread Easter cheer.

#### **CREATIVE BONNETS**

Residents at Kingfisher & Kingsley showcased their creativity and flair for fashion during our Easter bonnet-making extravaganza.











#### WARMS WISHES AND CHOCOLATE

Also, with smiles as bright as the spring sunshine, the residents at Kingfisher and Andrew Cohen House gathered to enjoy their Easter egg chocolates and exchange warm wishes with one another.













From bonnet-making to Easter egg hunts and delicious feasts, our homes have been filled with laughter, love, and the spirit of the season.

#### **LET'S CELEBRATE**

At Liberton Brae, Easter Sunday was a day of cheerful gatherings and festive celebrations.









The Easter festivities continued at Haslingden Hall with a delightful Easter meal prepared by our talented culinary team.







At Roseway House, residents danced the afternoon away at our Easter party, enjoying live music, festive decorations, and plenty of Easter treats.







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# Wellness Focus: Nurturing Mind, Body, and Spirit at Amicura Homes

Amidst the hustle and bustle of daily life, the Amicura team is committed to the holistic well-being of our residents. Our dedicated activities team curates an array of enriching experiences designed to enhance the quality of life of our residents.

#### **KINGFISHER**

There is no shortage of well-being activities at Kingfisher - residents enjoy both stretching and movement exercises for body health and games and puzzles for mental stimulation. At Kingfisher, there is a wide range of lifestyle activities



















**EAGLE VIEW** Treated to live entertainment, residents enjoy moments of joy and



#### **JASMINE COURT**



























#### **ROSEWAY HOUSE**

Curry Club where the residents love cooking, experimenting and tasting the different flavours.











At Liberton Brae, residents played games and enjoyed pampering sessions to feel their best.



**LIBERTON BRAE** 















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# Wellness Focus: Nurturing Mind, Body, and Spirit at Amicura Homes

#### **HARMONY HOUSE**

Bingo, games, and knitting sessions at Harmony House stimulate the mind and encourage social interaction, fostering a sense of belonging and purpose. The residents got pampered with the relaxing spa session and enjoyed pet and doll therapy, providing therapeutic companionship.





















#### **ANDREW COHEN HOUSE**

The residents pour their hearts and creativity into baking & decorating delicious fairy cakes at Andrew Cohen House.





#### **HASLINGDEN HALL**

Haslingden Hall nurtures intergenerational connections through activities such as baking with local school children





The residents also enjoy at-home movie days with delicious snacks, creating an enjoyable experience for all.





#### **HASLINGDEN HALL**

Bringing joy to golden years: pet therapy for our residents, fills hearts with warmth, wagging tails, and endless smiles.









#### **KINGSLEY**

Residents at Kingsley embrace active living with fun and games, physical fitness classes, and therapeutic activities such as horticulture, seeding organic herbs and painting pots for sunflowers.















#### **THE RIVERS**

The residents at The Rivers cherished a relaxing pamper session as well as enjoying the company of their furry companions with cuddles in abundance.









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# **Special Stories** across our Amicura Homes

#### FUN, CREATIVITY, AND CONNECTION - HIGHLIGHTS FROM THE GLEN

At The Glen, movie afternoons have taken on a new level of cinematic delight with the introduction of a new movie projector, turning gatherings into immersive experiences. Alongside, residents have been sharpening their dart skills with dedication and focus. Amidst the excitement, gestures of compassion transcend borders as heartfelt cards are exchanged with a care home in America, fostering new connections and bridging distances with warmth and sincerity.









#### LIBERTON BRAE CELEBRATING MILESTONES AND FAMILY LEGACY

It was a momentous occasion at Liberton Brae as we celebrated the first year since opening our doors. One year ago, we welcomed our first resident, Andy. This began a journey filled with care, compassion, and unwavering dedication to providing the highest quality of care for every individual who calls Liberton Brae home.









#### A HEARTWARMING TALE OF SIX **GENERATIONS AND UNBREAKABLE FAMILY BONDS AT LIBERTON BRAE**

At Liberton Brae, we have the pleasure of witnessing a truly extraordinary family legacy spanning six generations. Yes! That is correct 6 generations.

Our beloved team members, Carrie and Chyrel, whose connection to each other and their family is a beautiful display of love.



#### **PANCAKE DAY AT KINGSLEY**

From strawberries to chocolate, creamy butter to lemon zest, and everything in between – the toppings bar at the Kingsley for the pancake day was a big hit. Everyone felt that these delicious pancakes and glorious toppings deserve to be celebrated more often.











#### **INTERNATIONAL BOOK DAY**

The residents at Andrew Cohen House gather in the reading lounge to celebrate the magic of books, sharing stories and exploring their varied interests in literature.

#### **ROSEWAY'S DOMINO CLUB AT A PUB**

Residents at Roseway House venture out for a lively game of dominoes at a local pub.





### **A LUNCH TO REMEMBER**

In a heartwarming gesture, residents at Kingfisher came together to honor the memory of a beloved individual, Brian Grant. His legacy was celebrated with a "Chippy Lunch" from Magpie Chippy, North Shields.











#### **EXOTIC ANIMAL ENCOUNTER AT KINGFISHER**

A day of fascination and joy unfolds as residents encounter exotic animals at Kingfisher.

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We are grateful to receive such kind words of appreciation from residents, their families, and friends. These kind testimonials serve as a reminder of the meaningful impact we have on the lives of those we care for, and they inspire our team to always maintain exceptional standards of care. Here are a few of such amazing reviews received on carehome.co.uk.

#### **Andrew Cohen House**

#### Resident at Andrew Cohen House states:

"Excellent levels of care, comfort and friendliness provided by dedicated teams of nurses, carers and other members of staff at Andrew Cohen House. My needs were met at every point during my stay from the time of arrival to all times when help was needed. The care home's outstanding rating for care is well justified."

#### **Liberton Brae**

#### **Daughter of Resident from Liberton Brae states:**

"Dad has settled in so quickly to Liberton. He feels happy and very well looked after. The staff have been friendly, efficient and always there for anything he needs. I, also have found staff and management to be very easy to talk to and to ask questions. They made the move for Dad and me so much easier than I ever thought it would be. Can not fault them in any way."

#### The Glen

#### Great-Niece of Resident from The Glen states:

"All staff are so friendly and helpful. Cater for individual needs, very happy with the care my great-aunt receives. I feel they respect her wishes and know my family member really well.

Communication is also really good with regular updates on care plans. Overall, I'm relieved about how safe and secure and settled my family member is "



**EGGS NEST** DYE LAMB DAFFODIL **DECORATE SUNDAY HAPPY CARROT SPRING** HOP **CHURCH JELLYBEANS GRASS EGG HUNT BONNET CHOCOLATE EGG BUNNY CROSS APRIL** 

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