



## Checklist for Finding a Care Home

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### First Impressions

- \* Is the home clean, well presented and comfortably furnished?
- \* Is the home's atmosphere homely?
- \* Are the staff warm, friendly and welcoming?
- \* Do the residents seem happy, engaged and sociable?

  
  
  

### Facilities and Communal Areas

- \* Does the home have adequate lounges for social interaction, activity sessions and quiet time?
- \* Is there a separate dining room and any other dining features (café, bar, pub)?
- \* Is there a call system for emergencies in place?
- \* Are there communal toilets within access of the communal spaces?

- \* Are there ensuite bathrooms in the bedrooms?
  - \* Is there a TV point in the bedroom?
  - \* Can the room be locked or is there a secure place to store valuables?
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## Accessibility

- \* Are all areas wheelchair accessible, or is there a lift?
  - \* Does the home provide wheelchairs and walking aides?
  - \* Is the home equipped to cater to your needs?
  - \* Are there communal toilets within access of the communal spaces?
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## Life at the home

- \* Does a resident have autonomy over their waking and sleeping hours?
- \* What processes are in place to allow residents to engage in decision-making regarding their daily routine?
- \* Are residents able to take telephone calls in a comfortable and private environment?
- \* Are residents allowed to smoke in a designated smoking area in the gardens?
- \* What facilities are in place to allow residents to observe their religious practices?
- \* Can residents handle their own money and if not, what arrangements are in place to help them handle their money?
- \* Is there ample opportunity for residents to request for items they might need?

\* Does the home receive visits from dentists, hairdressers, opticians or podiatrists?

\* Do staff members accompany residents on their visits to the GP or hospital?

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## Care Quality

\* Do staff directly engage with residents on a regular basis, ensuring active communication?

\* Do staff possess the requisite care/nursing qualifications and training?

\* Are the staff positive and respectful towards residents?

\* Are resident assigned a key worker?

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## Meals

\* Do residents have autonomy with meal choices?

\* Is there a varied and interesting menu each week?

\* Does the home have provisions for dietary requirements?

\* Can residents request snacks or meals at specific times of the day?

\* Are snacks available throughout the day?

\* Are residents able to eat in their own rooms?

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## Activities

\* Are there ample opportunities for residents to engage in their hobbies and interests?

\* Does the home offer varied and regular indoor and outdoor activities, catering to residents' interests?

\* Does the home organise live entertainment and events?

\* Can a resident choose not to participate in an activity?

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## Visitors

\* Are all visitors, including young children, welcome?

\* Is there a private space for visits to take place?

\* How often can people visit the home?

\* Can visitors join residents for meals?

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## Transport

\* Is the home easily accessible and is there adequate parking for visitors?